# WHAT WILL I DO

Identify 1-2 things you intend to do in the coming months that will move your family to the next level in each category.

# MY HOME PLAN

### MARRIED: To strengthen our relationship, I will...

- O Plan at least two dates per month
- O Pray together at least twice weekly
- 0 o \_\_\_\_\_

### KIDS@HOME: To nurture my child's faith, I will...

- O Schedule at least two "family time" activities or faith discussions per month
- O Pray together at least five times per week (including mealtime and bedtime)
- 0

### TEENS@HOME: To mentor my teen's faith, I will...

- O Schedule at least one "movie night chat" or faith discussion each month
- O Eat together (including prayer and conversation) at least five times per week
- 0 \_\_\_\_\_

### GRANDKIDS: To leave a strong legacy, I will...

- O Pray for each grandchild daily by name
- O Call or write a note to each grandchild once per month
- 0 \_\_\_\_\_ 0 \_\_\_\_\_

### Other situations for proactive intentionality:

0 \_\_\_\_\_ 0 \_\_\_\_\_

# ΜY ΗΟΜΕΡΟΙΝΤΕ **PLAN**

# To Build a Strong Family



{ Showing Christ • Raising Believers }

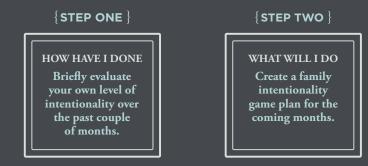


### A P P R A I S A L

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# GET STARTED NOW!

Take a few moments to complete the following easy steps...



# HOW HAVE I DONE

How intentional have you been? Check all that apply

### FAITH@HOME

#### Parents

- O Connected relationally with my children daily (help with homework, eat together, etc.)
- O Did something special with my children (hobby, ice cream date, etc.) twice per month
- O Created an opportunity for discussing my beliefs and values with my children at least once per week
- O Prayed with my children (including meals, bedtime, etc.) at least five times per week
- O Admitted I was wrong and apologized and/or forgave before going to bed after conflicts with my children
- O Served together and/or participated in an intergenerational faith experience (father/daughter banquet, local missions event, etc.) with my children at least once in the past couple of months

#### Grandparents

- O Did something to connect with my grandchildren (a letter, phone call, etc.) at least once per month
- O Did something to help my grandchildren inherit a strong spiritual legacy at least once per month
- O Prayed for my grandchildren at least five times per week

#### MY CHILDREN / GRANDCHILDREN

How intentional have I been to help my children/grandchildren build a strong faith?	<b>1</b> Not Inte	2 entional	3	<b>4</b> Very Inte	5 entional
I am confident my children/grandchildren	<b>1</b>	2	3	<b>4</b>	5
will have a strong Christian faith in adulthood.	Not Co	nfident		Very Co	nfident

# MARRIAGE

#### **Nuturing Intimacy**

- O Had a "date night" twice or more per month to focus on one another without distractions
- O Wrote a note, gave a flower or some other tangible expression of love at least twice per month
- Called during the day, sat down to chat, took walks together, or some other time of focused, non-task driven communication at least three times per week
- O Prayed with my spouse at least twice per week
- O Demonstrated meaningful touch and/or verbal affirmation at least once per day

#### **Avoiding Dangers**

- O Took steps to reduce risk to my marriage in vulnerable areas (bad temper, relationships outside of my marriage, demeaning language, etc.) by maintaining boundaries, increasing accountability, etc.
- O Took care of myself physically and emotionally to be the best lifelong spouse I can be
- Admitted I was wrong and apologized and/or forgave before going to bed after conflicts with my spouse

#### **MY MARRIAGE**

How intentional have I been to build a lifelong thriving marriage?	12 Not Intentional	3	4 5 Very Intentional	
I am confident that my marriage will last until one of us dies.	12 Not Confident	3	4 5 Very Confident	
I believe my marriage is, for the most part, God-honoring.	12 Not Confident	3	4 5 Very Confident	

# SINGLE ADULTS

#### I am Called to the Single Life

- O Planned to remain single throughout my life to give time, resources and attention to Christian ministry
- O Took proactive steps in learning to be complete in Christ alone
- O Practiced spiritual and physical disciplines in order that I may live out biblical singleness
- O Committed to keeping myself pure as I believe God has called me to remain single

#### I Hope to Marry

- O Prayed about/for my future spouse and that my future marriage will be God-honoring
- O Kept myself sexually pure knowing my body is God's gift to my future spouse, or repented of past sexual sin and committed to remain abstinent until married
- O Took proactive steps toward finding a Godly mate and preparing for marriage by learning to be complete in Christ alone
- O Practiced spiritual and physical disciplines to help me become the best gift possible to the person I marry
- O Attended pre-engagement or pre-marital counseling or other sessions to learn the Christian view of marriage

### **MY FUTURE**

How intentional have I been to honor God in my singleness and/or prepare for a God-honoring marriage.	<b>1</b> Not Int	2 entional	3	<b>4</b> Very Inte	5 entional
l am confident my future marriage	<b>1</b>	<b>2</b>	3	<b>4</b>	5
will be God-honoring.	Not Co	nfident		Very Co	nfident